

LEAD - Lesson 1.5: Intro – *Adapted*

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Materials Needed:

Welcome	Phone, speaker, classroom binder, Attendance QR Code, iPads, Name tags, snacks, drinks, attendance list, markers/pens, clipboards, consent forms, hand sanitizers, masks
What does leadership mean?	Paper, pens, expo markers
Never have I ever...	Chairs or masking tape
Who's in the Room	"Who's in the Room" mural, sticky notes, markers/pens, tape, ribbon.
Closing	QR code for the survey, iPads, printed assessments,

Objectives

Participants should be able to

1. Introduce themselves and learn who else is in the room.
2. Learn different about LEAD – and what we will do over the next 10 weeks!
3. Understand that they are to complete their survey before coming back next week.

Short Welcome! - 5 minutes

Lead Coach:

Welcome to LEAD!

'My name is Coach _____ and we're going to be together for the next 10 weeks! Does anyone know what this program is? Or why you are here? (Be prepared for ridiculous answers and jokes)...

LEAD is a leadership and mentorship program that will help you identify, understand and grow in your leadership. Over the next ten weeks we will be talking about our goals, how to overcome barriers and conflict, and grow in appreciation for ourselves and each other....but first we're going to start with a game! Are there any questions so far?'

Your coaches have a few questions for all of you at your tables! Take the next twenty minutes to answer and feel free to play games at your tables.

Table coaches:

Using the worksheet given to each table, please make sure you write down the each members answers and feel free to let the conversation go in different directions, as long as all questions are answered. If you face translation barriers, try to encourage the team to help each other, and make note on your paper.

Never have I ever... or I like! – 15-20 minutes

Fun game to get to know each other!

Lead Coach (20-30 minutes)

1. Explain game: There is ONE less chair than the number of people in the circle. This means ONE participant will always have to be standing in the middle.
 - a. You will state something you have NEVER done. Everyone that has done that thing must get up and move to a chair ACROSS from them. You cannot move to chairs that are next to your own. This will be a race to the chair because no one wants to stand up in the middle.
 - b. Only acceptable topics of the game: *(Write these on board)*
 - i. School
 - ii. Travel
 - iii. Food
 - iv. Music/TV
 - v. Hobbies
2. Will be the first person in the middle of the circle, leading by example:
'Never have I ever...been to Afghanistan!'

Coaches:

1. Participate! Are spread out, sitting amongst the students.
2. Help students who struggle with coming up with something...Here are some examples:
 - a. Never have I ever Attended American Elementary school.
 - b. Never have I ever tried sushi.
 - c. Never have I ever had long hair.
 - d. Never have I ever listened to the Beatles, Imagine Dragon, BTS
 - e. Never have I ever been to Disney land, Tahoe, San Francisco, Afghanistan, Mexico...
 - f. Never have I ever tried skateboarding.
 - g. Never have I ever watched Squid Games.

Materials needed: Chairs, good attitudes, ENERGY!

What is Leadership? – 20 minutes

Students will be asked to share their thoughts and reflections of leadership. This will help clarify what we're doing and why we are here!

Lead Coach: ~20 MINUTES

1. We will be getting into groups of 3-5 students for this activity. Utilize name tag color to initially split up students, and then balance teams if there aren't enough or are too many of one color.
2. Write the following question on the board: "What is leadership?"
 - a. Explain: In your groups, you have a piece of paper and a pen, decide amongst yourselves who will be writing what the group says and answer the question on the board. You will have 5 minutes to talk in your groups and then we will come back together.
 - b. Lead – Check comprehension, give some examples if needed! *(Read the room...if you're seeing blank stares decide if you want to circle individually, or give examples at the front of the room)*
3. Next Question: What does leadership look like? *(Write on board)* - Give students an additional 5 minutes
4. Bring students back together to share; asking questions individually... there will be overlap and that's okay!
 - a. Validate and affirm all answers, re-word or ask for clarification if needed.
 - b. Have another coach write down answers on board, while the Lead coach takes answers (eye contact matters).

5. CLOSING – Affirm how great their answers are and explain how over the next 10 weeks, we'll be working on different characteristics of leadership, just like what they listed!

Coaches:

3. If there are not enough volunteers to station one to each group, move around the room! Give suggestions, ideas, check comprehension of task and encourage efforts made by the students.
 - a. Note: this is a relationship builder for YOU as well. They're cracking jokes, go with it, but re-direct back to the task and pull in common topics they might understand better! (ie. SOCCER)

Materials needed: Paper (1 per group), pens, expo markers for classroom collaboration

Activity: Who's in the Room – 15 minutes

Participants will begin a classroom mural by drawing a self-portrait/representation of themselves, introducing themselves and sticking their portrait on the mural.

Lead Coach (20-30 minutes)

3. Introduce yourself, share your sticky note
4. Give 5 minutes for students to draw 'What represents themselves?' This can be a self-portrait of sorts, but incorporating what they see in themselves.
5. Once completed, ask students to add their name to the note and add it to the poster.
 - a. Ask if that was difficult or how they felt about that activity?
6. Conclude activity. 'How dynamic---so many people, ways of representation.'

Coaches:

4. Should already have their self-portraits drawn.
5. Are spread out, sitting amongst the students.

Materials needed: "Who's in the Room" mural, sticky notes, markers/pens, tape, ribbon.

Closing Announcements – 10 minutes

Students will receive QR code for the survey and understand that they must complete the survey before the next session. Students will learn what to look forward to for next week.

Lead Coaches:

We'll be meeting back here next week! Same time, same place. Thank you for your participation and attention today!

Coaches:

Please begin putting